

Professional Development:

This training offers 45 CPD points for professionals who have trauma, couples therapy, group work, personal development, mindfulness, somatic therapies, family constellations, integral psychology and being at the cutting edge of therapy as central to their learning objectives.



TRAINING IN BALI



EARLY BIRD PRICE before DECEMBER 31st 2023...
take off \$100AUD

Investment: 19-31st May 2024

Full (13 days) **\$2499AUD.**

APS/TPIG member **\$2399AUD.**

Past delegates **\$2299AUD.**

Couples price **\$4699AUD.**

8 day option \$1650AUD (Earlybird \$50 off)

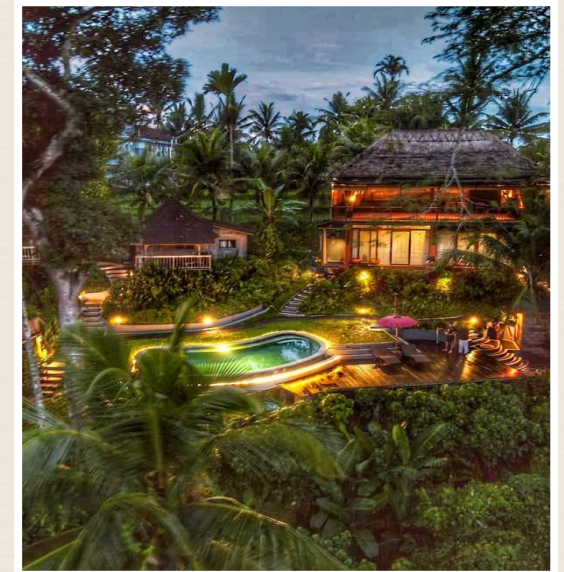
Cost includes Breakfast & Lunch for 13 days, pool, WiFi, workshop manual, transport within training times, massage, movie night, 5Rhythms dance, sauna & trip to the water temple and dinner on the first night. 23rd May optional white water rafting not included.

INTEGRAL PSYCHOLOGY
80 Main Rd MONBULK 3793

0432066880

www.integralpsychology.org

THERAPY FOR THERAPISTS



Systemic/Family Constellations beginners training

May 19-22rd 2024 (15 CPD points)

Breathing life into the parts within the whole

Couples and Centred therapy training

May 24-27th 2024 (15 CPD points)

The meeting point between sovereignty and intimacy

The Psychology of Spirituality training

May 28-31st 2024 (15 CPD points)

Contemplative traditional wisdom meets contemporary technique





This training will equip you in:



- Refreshing your couples therapy tool box (using IFS, PACT, IMAGO, Centred therapy and Hakomi).
- Working Systemically using objects and figurines to set up Family Constellations in one on one therapy settings.
- Working with genealogical trauma via systemic family constellations.
- Working with the Autonomic Nervous System for direct relief from anxiety, PTSD, and trauma. (using EMDR & Somatic therapy)
- Working effectively with difficult emotions such as shame, grief, fear and anger.
- Knowing what therapeutic technique to do and when to do them.
- Deepening your understanding of character structure/temperament and attachment theory.
- Finding creative therapeutic solutions including humour, literature, images/art, music and dance.
- Identifying your deep values and motivations for helping others.
- Using narrative therapy, myth and archetypes to bring healing perspectives to trauma.
- Working with a client's spiritual values.
- Developing your mindfulness tool box.
- Treating spiritual bypassing, spiritual emergency, psychosis, borderline personality, narcissism and neurosis.
- Defining and working with Erikson's developmental stages, and integral developmental fulcrums of psychopathology when formulating treatment plans.
- Deepening your relationship to self, nature, partner and culture...and connection to your clients .
- Managing burnout when looking after yourself via taking 2 weeks out whilst gaining 45 CPD points in the one adventure.

THE THERAPY FOR THERAPISTS

This year is a little different to others.

With 3 trainings back to back, we are offering a deep immersion into not only the relevant topics of our profession, but into deep rest and self-care with a program designed to manage burn-out which comes with the terrain of working in the health care industry.

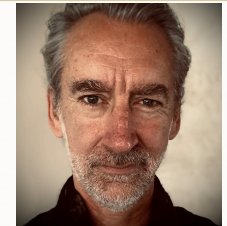


"I wanted to create a professional development program unlike others. A holiday with education, and over a period of 13 days will allow for a full unwinding of the tensions we all carry. We really hope you can join us. My job is to make this the best PD you've ever done. This year we have a stunning venue all to ourselves. YAY...."

Nic Morrey



Jonine Lee-Gabay



Nic Morrey

Lush Tropical Ubud offers a sanctuary, a place where culture connects intimately with its land and spirituality. There is so much for Western culture to learn about mental health from this alone. The training includes immersing ourselves within Balinese Hindu culture, including Kecak dance, Jegog music, Ubud art, food markets, visiting temples, eating great organic food, having regular massage, resting and recuperating & meeting like-minded therapists whilst gaining 45 CPD points at a very reasonable cost.



Ange Koutsofrigas



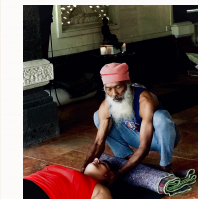
Kairava Shan-Ra

VENUE

Shala yoga hall @ [Prashanti Yoga Retreat and Eco Hotel](#)
Jalan Subak Sok Wayah, Ubud, Gianyar
Bali, Indonesia | +62 831 1459 3245

TIMETABLE

See all details at www.integralpsychology.org



Master Ketut

